

**Nutrition Facts**

Serving Size  
Servings Per Container

Amount Per Serving

**Calories**  
Calories From Fat

**Total Fat**  
Saturated Fat

**Trans Fat**

**Cholesterol**

**Sodium**

**Total Carbohydrate**

Dietary Fiber  
Sugars

**Protein**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2400mg	2400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

**Butter Popcorn**

1 oz. (28g) = About 2 cups  
about 16-1/2

**160**

110

% Daily Value\*

12g **18%**

1.5g **8%**

0g

0mg **0%**

160mg **7%**

12g **4%**

2g **8%**

0g

2g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 2%

**Cheese Popcorn**

1 oz. (28g) = About 2 cups  
about 17

**170**

110

% Daily Value\*

13g **20%**

2.5g **13%**

0g

5mg **2%**

210mg **9%**

11g **4%**

2g **8%**

0g

3g

Vitamin A 2%

Vitamin C 0%

Calcium 4%

Iron 2%

**Caramel Popcorn**

1 oz. (28g) = About 2/3 cups  
about 60

**110**

20

% Daily Value\*

2.5g **4%**

0.5g **3%**

0g

0mg **0%**

135mg **6%**

22g **7%**

1g **4%**

12g

0g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

**Ingredients:** BUTTER POPCORN: POPCORN, CORN OIL, SALT, BUTTER OIL, BETA CAROTENE (COLOR). CHEESE POPCORN: POPCORN, CORN OIL, CHEDDAR CHEESE SEASONING, [(CHEDDAR CHEESE: MILK, CHEESE CULTURES, SALT, ENZYMES), PARTIALLY HYDROGENATED SOYBEAN OIL, WHEY, MALTODEXTRIN, SALT, DISODIUM PHOSPHATE, NONFAT DRY MILK, MONOSODIUM GLUTAMATE, LACTIC ACID, ARTIFICIAL COLOR (FD&C YELLOW 6, YELLOW 5) CITRIC ACID.] SALT, BETA CAROTENE. CARAMEL POPCORN: CORN SYRUP SOLIDS, BROWN SUGAR, SUGAR, POPCORN, CORN OIL, BUTTER (CREAM, SALT), MOLASSES, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE (FOR COLOR).

**CONTAINS SOY AND MILK INGREDIENTS.**

May Contain Tree Nuts, Peanuts, Wheat And Egg Ingredients.

**THE  
POPCORN  
FACTORY**  
Celebrating 25th Anniversary™

The Popcorn Factory  
Lake Forest, IL 60045

www.thepopcornfactory.com  
1-800-842-0256

**Nutrition Facts**

	Butter Popcorn		Cheese Popcorn		White Cheddar Popcorn		Caramel Popcorn	
Serving Size	28g		28g		28g		28g	
Servings Per Container	about 14		about 14		about 11		about 38	
<b>Amount Per Serving</b>								
<b>Calories</b>	<b>160</b>		<b>170</b>		<b>170</b>		<b>110</b>	
Calories From Fat	110		110		110		20	
	% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*	
<b>Total Fat</b>	12g	<b>18%</b>	13g	<b>20%</b>	13g	<b>20%</b>	2.5g	<b>4%</b>
Saturated Fat	1.5g	<b>8%</b>	2.5g	<b>13%</b>	2.5g	<b>13%</b>	0.5g	<b>3%</b>
<i>Trans Fat</i>	0g		0g		0g		0g	
<b>Cholesterol</b>	0mg	<b>0%</b>	5mg	<b>2%</b>	5mg	<b>2%</b>	0mg	<b>0%</b>
<b>Sodium</b>	160mg	<b>7%</b>	210mg	<b>9%</b>	190mg	<b>8%</b>	135mg	<b>6%</b>
<b>Total Carbohydrate</b>	12g	<b>4%</b>	11g	<b>4%</b>	11g	<b>4%</b>	22g	<b>7%</b>
Dietary Fiber	2g	<b>8%</b>	2g	<b>8%</b>	2g	<b>8%</b>	1g	<b>4%</b>
Sugars	0g		0g		0g		11g	
<b>Protein</b>	2g		3g		3g		1g	
<b>Vitamin A</b>	0%		<b>Vitamin A</b>	2%	<b>Vitamin A</b>	2%	<b>Vitamin A</b>	0%
<b>Vitamin C</b>	0%		<b>Vitamin C</b>	0%	<b>Vitamin C</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	0%		<b>Calcium</b>	4%	<b>Calcium</b>	4%	<b>Calcium</b>	0%
<b>Iron</b>	2%		<b>Iron</b>	2%	<b>Iron</b>	2%	<b>Iron</b>	0%

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Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Ingredients:** BUTTER POPCORN: POPCORN, CORN OIL, SALT, BUTTER OIL, BETA CAROTENE (COLOR). CHEESE POPCORN: POPCORN, CORN OIL, CHEDDAR CHEESE SEASONING, [(CHEDDAR CHEESE: MILK, CHEESE CULTURES, SALT, ENZYMES), PARTIALLY HYDROGENATED SOYBEAN OIL, WHEY, MALTODEXTRIN, SALT, DISODIUM PHOSPHATE, NONFAT DRY MILK, MONOSODIUM GLUTAMATE, LACTIC ACID, ARTIFICIAL COLOR (FD&C YELLOW 6, YELLOW 5) CITRIC ACID,] SALT, BETA CAROTENE. WHITE CHEDDAR POPCORN: POPCORN, CORN OIL, CHEDDAR CHEESE SEASONING, [(CHEDDAR CHEESE: MILK, SALT, CHEESE CULTURES, ENZYMES), WHEY, BUTTERMILK POWDER, SALT, DISODIUM PHOSPHATE, LACTIC ACID], SALT. CARAMEL POPCORN: CORN SYRUP SOLIDS, BROWN SUGAR, SUGAR, POPCORN, CORN OIL, BUTTER (CREAM, SALT), MOLASSES, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE (FOR COLOR).

**CONTAINS SOY AND MILK INGREDIENTS.**

May Contain Tree Nuts, Peanuts, Wheat And Egg Ingredients.

5 LB 4 oz (2377g) 

**THE  
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Celebrate the Old World!

The Popcorn Factory  
Lake Forest, IL 60045

www.thepopcornfactory.com  
1-800-842-0256

REV. A

## Nutrition Facts

Serving Size  
Servings Per Container

Amount Per Serving

**Calories**

Calories From Fat

**Total Fat**

Saturated Fat

*Trans* Fat

**Cholesterol**

**Sodium**

**Total Carbohydrate**

Dietary Fiber

Sugars

**Protein**

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Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

### Butter Popcorn

1 oz. (28g) = About 2 cups  
about 6-1/2

**160**

110

% Daily Value\*

12g **18%**

1.5g **8%**

0g

0mg **0%**

160mg **7%**

12g **4%**

2g **8%**

0g

2g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 2%

### Cheese Popcorn

1 oz. (28g) = About 2 cups  
about 7

**170**

110

% Daily Value\*

13g **20%**

2.5g **13%**

0g

5mg **2%**

210mg **9%**

11g **4%**

2g **8%**

0g

3g

Vitamin A 2%

Vitamin C 0%

Calcium 4%

Iron 2%

### Caramel Popcorn

1 oz. (28g) = About 2/3 cups  
about 20

**110**

20

% Daily Value\*

2.5g **4%**

0.5g **3%**

0g

0mg **0%**

135mg **6%**

22g **7%**

1g **4%**

12g

0g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

**Ingredients:** BUTTER POPCORN: POPCORN, CORN OIL, SALT, BUTTER OIL, BETA CAROTENE (COLOR). CHEESE POPCORN: POPCORN, CORN OIL, CHEDDAR CHEESE SEASONING, [(CHEDDAR CHEESE: MILK, CHEESE CULTURES, SALT, ENZYMES), PARTIALLY HYDROGENATED SOYBEAN OIL, WHEY, MALTODEXTRIN, SALT, DISODIUM PHOSPHATE, NONFAT DRY MILK, MONOSODIUM GLUTAMATE, LACTIC ACID, ARTIFICIAL COLOR (FD & C YELLOW 6, YELLOW 5) CITRIC ACID.] SALT, BETA CAROTENE. CARAMEL POPCORN: CORN SYRUP SOLIDS, BROWN SUGAR, SUGAR, POPCORN, CORN OIL, BUTTER (CREAM, SALT), MOLLASSES, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE (FOR COLOR).

**CONTAINS SOY AND MILK INGREDIENTS.**

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**THE  
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caramel\_popcorn®

The Popcorn Factory  
Lake Forest, IL 60045

www.thepopcornfactory.com

1-800-842-0256

2 LB 2 oz (962g) ⓈD

REV. A

## 2 Gallon 4-way Popcorn

E1244N

## Nutrition Facts

	Butter Popcorn		Cheese Popcorn		White Cheddar Popcorn		Caramel Popcorn	
Serving Size	1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2/3 cups	
Servings Per Container	about 4		about 5		about 5		about 15	
<b>Amount Per Serving</b>								
<b>Calories</b>	<b>160</b>		<b>170</b>		<b>170</b>		<b>110</b>	
Calories From Fat	110		110		110		20	
	% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*	
<b>Total Fat</b>	12g	<b>18%</b>	13g	<b>20%</b>	13g	<b>20%</b>	2.5g	<b>4%</b>
Saturated Fat	1.5g	<b>8%</b>	2.5g	<b>13%</b>	2.5g	<b>13%</b>	0.5g	<b>3%</b>
<i>Trans Fat</i>	0g		0g		0g		0g	
<b>Cholesterol</b>	0mg	<b>0%</b>	5mg	<b>2%</b>	5mg	<b>2%</b>	0mg	<b>0%</b>
<b>Sodium</b>	160mg	<b>7%</b>	210mg	<b>9%</b>	190mg	<b>8%</b>	135mg	<b>6%</b>
<b>Total Carbohydrate</b>	12g	<b>4%</b>	11g	<b>4%</b>	11g	<b>4%</b>	22g	<b>7%</b>
Dietary Fiber	2g	<b>8%</b>	2g	<b>8%</b>	2g	<b>8%</b>	1g	<b>4%</b>
Sugars	0g		0g		0g		12g	
<b>Protein</b>	2g		3g		3g		0g	
<b>Vitamin A</b>	0%		<b>Vitamin A</b>	<b>2%</b>	<b>Vitamin A</b>	<b>2%</b>	<b>Vitamin A</b>	<b>0%</b>
<b>Vitamin C</b>	0%		<b>Vitamin C</b>	<b>0%</b>	<b>Vitamin C</b>	<b>0%</b>	<b>Vitamin C</b>	<b>0%</b>
<b>Calcium</b>	0%		<b>Calcium</b>	<b>4%</b>	<b>Calcium</b>	<b>4%</b>	<b>Calcium</b>	<b>0%</b>
<b>Iron</b>	2%		<b>Iron</b>	<b>2%</b>	<b>Iron</b>	<b>2%</b>	<b>Iron</b>	<b>0%</b>

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:


Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Ingredients:** BUTTER POPCORN: POPCORN, CORN OIL, SALT, BUTTER OIL, BETA CAROTENE (COLOR). CHEESE POPCORN: POPCORN, CORN OIL, CHEDDAR CHEESE SEASONING, [(CHEDDAR CHEESE: MILK, CHEESE CULTURES, SALT, ENZYMES), PARTIALLY HYDROGENATED SOYBEAN OIL, WHEY, MALTODEXTRIN, SALT, DISODIUM PHOSPHATE, NONFAT DRY MILK, MONOSODIUM GLUTAMATE, LACTIC ACID, ARTIFICIAL COLOR (FD & C YELLOW 6, YELLOW 5) CITRIC ACID.] SALT, BETA CAROTENE. WHITE CHEDDAR POPCORN: POPCORN, CORN OIL, CHEDDAR CHEESE SEASONING, [(CHEDDAR CHEESE: MILK, SALT, CHEESE CULTURES, ENZYMES), WHEY, BUTTERMILK POWDER, SALT, DISODIUM PHOSPHATE, LACTIC ACID], SALT. CARAMEL POPCORN: CORN SYRUP SOLIDS, BROWN SUGAR, SUGAR, POPCORN, CORN OIL, BUTTER (CREAM, SALT), MOLASSES, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE (FOR COLOR).

**CONTAINS SOY AND MILK INGREDIENTS.**

May Contain Tree Nuts, Peanuts, Wheat And Egg Ingredients.

1 lb 15 oz (877g) 

**THE  
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Lake Forest, IL 60045

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REV. A

## Nutrition Facts

Serving Size  
Servings Per Container

### Amount Per Serving

**Calories**  
Calories From Fat

### Total Fat

Saturated Fat

*Trans* Fat

### Cholesterol

### Sodium

### Total Carbohydrate

Dietary Fiber

Sugars

### Protein

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Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

### Butter Popcorn

1 oz. (28g) = About 2 cups  
about 9

**160**

110

### % Daily Value\*

12g **18%**

1.5g **8%**

0g

0mg **0%**

160mg **7%**

12g **4%**

2g **8%**

0g

2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **2%**

### Cheese Popcorn

1 oz. (28g) = About 2 cups  
about 8-1/2

**170**

110

### % Daily Value\*

13g **20%**

2.5g **13%**

0g

5mg **2%**

210mg **9%**

11g **4%**

2g **8%**

0g

3g

Vitamin A **2%**

Vitamin C **0%**

Calcium **4%**

Iron **2%**

### Caramel Popcorn

1 oz. (28g) = About 2/3 cups  
about 30

**110**

20

### % Daily Value\*

2.5g **4%**

0.5g **3%**

0g

0mg **0%**

135mg **6%**

22g **7%**

1g **4%**

12g

0g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

**Ingredients:** BUTTER POPCORN: POPCORN, CORN OIL, SALT, BUTTER OIL, BETA CAROTENE (COLOR). CHEESE POPCORN: POPCORN, CORN OIL, CHEDDAR CHEESE SEASONING, [(CHEDDAR CHEESE: MILK, CHEESE CULTURES, SALT, ENZYMES), PARTIALLY HYDROGENATED SOYBEAN OIL, WHEY, MALTODEXTRIN, SALT, DISODIUM PHOSPHATE, NONFAT DRY MILK, MONOSODIUM GLUTAMATE, LACTIC ACID, ARTIFICIAL COLOR (FD&C YELLOW 6, YELLOW 5) CITRIC ACID.] SALT, BETA CAROTENE. CARAMEL POPCORN: CORN SYRUP SOLIDS, BROWN SUGAR, SUGAR, POPCORN, CORN OIL, BUTTER (CREAM, SALT), MOLASSES, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE (FOR COLOR).

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Lake Forest, IL 60045

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1-800-842-0256

3 LB (1358g) ⓉD

REV. A

**Nutrition Facts**

	Butter Popcorn		Cheese Popcorn		White Cheddar Popcorn		Caramel Popcorn	
Serving Size	1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2/3 cups	
Servings Per Container	about 6		about 7		about 7		about 24	
<b>Amount Per Serving</b>								
<b>Calories</b>	<b>160</b>		<b>170</b>		<b>170</b>		<b>110</b>	
Calories From Fat	110		110		110		20	
	% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*	
<b>Total Fat</b>	12g	<b>18%</b>	13g	<b>20%</b>	13g	<b>20%</b>	2.5g	<b>4%</b>
Saturated Fat	1.5g	<b>8%</b>	2.5g	<b>13%</b>	2.5g	<b>13%</b>	0.5g	<b>3%</b>
<b>Trans Fat</b>	0g		0g		0g		0g	
<b>Cholesterol</b>	0mg	<b>0%</b>	5mg	<b>2%</b>	5mg	<b>2%</b>	0mg	<b>0%</b>
<b>Sodium</b>	160mg	<b>7%</b>	210mg	<b>9%</b>	190mg	<b>8%</b>	135mg	<b>6%</b>
<b>Total Carbohydrate</b>	12g	<b>4%</b>	11g	<b>4%</b>	11g	<b>4%</b>	22g	<b>7%</b>
Dietary Fiber	2g	<b>8%</b>	2g	<b>8%</b>	2g	<b>8%</b>	1g	<b>4%</b>
Sugars	0g		0g		0g		12g	
<b>Protein</b>	2g		3g		3g		0g	
Vitamin A	0%		Vitamin A	2%	Vitamin A	2%	Vitamin A	0%
Vitamin C	0%		Vitamin C	0%	Vitamin C	0%	Vitamin C	0%
Calcium	0%		Calcium	4%	Calcium	4%	Calcium	0%
Iron	2%		Iron	2%	Iron	2%	Iron	0%

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Calories: 2,000 2,500

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Sat Fat	Less than	20g	25g
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REV. A

2 LB 13 oz (1274g) U D