

6 1/2 Gallon 3-way Popcorn

E1007N

Nutrition Facts

Serving Size
Servings Per Container

Amount Per Serving

Calories

Calories From Fat

Total Fat

Saturated Fat

Trans Fat

Cholesterol

Sodium

Total Carbohydrate

Dietary Fiber

Sugars

Protein

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Butter Popcorn

1 oz. (28g) = About 2 cups
about 16-1/2

160

110

% Daily Value*

12g **18%**

1.5g **8%**

0g

0mg **0%**

160mg **7%**

12g **4%**

2g **8%**

0g

2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **2%**

Cheese Popcorn

1 oz. (28g) = About 2 cups
about 17

170

110

% Daily Value*

13g **20%**

2.5g **13%**

0g

5mg **2%**

210mg **9%**

11g **4%**

2g **8%**

0g

3g

Vitamin A **2%**

Vitamin C **0%**

Calcium **4%**

Iron **2%**

Caramel Popcorn

1 oz. (28g) = About 2/3 cups
about 60

100

20

% Daily Value*

2g **3%**

0g **0%**

0g

0mg **0%**

135mg **6%**

22g **7%**

1g **4%**

12g

0g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Ingredients: **Butter Popcorn:** Popcorn, Corn Oil, Salt, Butter Oil, Beta Carotene (Color). **Cheese Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Partially Hydrogenated Soybean Oil, Whey [Milk], Maltodextrin, Salt, Disodium Phosphate, Nonfat Dry Milk, Monosodium Glutamate, Lactic Acid, Artificial Color [FD&C Yellow 6, Yellow 5], Citric Acid), Salt, Beta Carotene (Color). **Caramel Popcorn:** Corn Syrup Solids, Brown Sugar, Sugar, Popcorn, Corn Oil, Butter (Cream, Salt), Molasses, Salt, Soy Lecithin (Emulsifier), Beta Carotene (Color).

CONTAINS SOY AND MILK.

May Contain Peanut, Tree Nut, Wheat and Egg Ingredients

**THE
POPCORN
FACTORY**

Celebrate...Deliciously!™

The Popcorn Factory
Lake Forest, IL 60045
www.thepopcornfactory.com
1-800-842-0256

5 LB 13 OZ (2604g) Ⓢ

REV. B

2 Gallon 3-way Popcorn

E1027N

Nutrition Facts

Serving Size
Servings Per Container

Amount Per Serving
Calories
Calories From Fat

	% Daily Value*
Total Fat	12g 18%
Saturated Fat	1.5g 8%
<i>Trans Fat</i>	0g
Cholesterol	0mg 0%
Sodium	160mg 7%
Total Carbohydrate	12g 4%
Dietary Fiber	2g 8%
Sugars	0g
Protein	2g

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Butter Popcorn
1 oz. (28g) = About 2 cups
about 6-1/2

Amount Per Serving
Calories
Calories From Fat

	% Daily Value*
Total Fat	12g 18%
Saturated Fat	1.5g 8%
<i>Trans Fat</i>	0g
Cholesterol	0mg 0%
Sodium	160mg 7%
Total Carbohydrate	12g 4%
Dietary Fiber	2g 8%
Sugars	0g
Protein	2g
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%

Cheese Popcorn
1 oz. (28g) = About 2 cups
about 7

Amount Per Serving
Calories
Calories From Fat

	% Daily Value*
Total Fat	13g 20%
Saturated Fat	2.5g 13%
<i>Trans Fat</i>	0g
Cholesterol	5mg 2%
Sodium	210mg 9%
Total Carbohydrate	11g 4%
Dietary Fiber	2g 8%
Sugars	0g
Protein	3g
Vitamin A	2%
Vitamin C	0%
Calcium	4%
Iron	2%

Caramel Popcorn
1 oz. (28g) = About 2/3 cups
about 20

Amount Per Serving
Calories
Calories From Fat

	% Daily Value*
Total Fat	2g 3%
Saturated Fat	0g 0%
<i>Trans Fat</i>	0g
Cholesterol	0mg 0%
Sodium	135mg 6%
Total Carbohydrate	22g 7%
Dietary Fiber	1g 4%
Sugars	12g
Protein	0g
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

Ingredients: **Butter Popcorn:** Popcorn, Corn Oil, Salt, Butter Oil, Beta Carotene (Color). **Cheese Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Partially Hydrogenated Soybean Oil, Whey [Milk], Maltodextrin, Salt, Disodium Phosphate, Nonfat Dry Milk, Monosodium Glutamate, Lactic Acid, Artificial Color [FD&C Yellow 6, Yellow 5], Citric Acid), Salt, Beta Carotene (Color). **Caramel Popcorn:** Corn Syrup Solids, Brown Sugar, Sugar, Popcorn, Corn Oil, Butter (Cream, Salt), Molasses, Salt, Soy Lecithin (Emulsifier), Beta Carotene (Color).

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2 LB 2 oz (952g) ⓈD

REV. B