

6 1/2 Gallon 3-way Popcorn

E1007N

Nutrition Facts

Serving Size
Servings Per Container

Amount Per Serving

Calories

Calories From Fat

Total Fat

Saturated Fat

Trans Fat

Cholesterol

Sodium

Total Carbohydrate

Dietary Fiber

Sugars

Protein

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Butter Popcorn

1 oz. (28g) = About 2 cups
about 16-1/2

160

110

% Daily Value*

12g **18%**

1.5g **8%**

0g

0mg **0%**

160mg **7%**

12g **4%**

2g **8%**

0g

2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **2%**

Cheese Popcorn

1 oz. (28g) = About 2 cups
about 17

170

110

% Daily Value*

13g **20%**

2.5g **13%**

0g

5mg **2%**

210mg **9%**

11g **4%**

2g **8%**

0g

3g

Vitamin A **2%**

Vitamin C **0%**

Calcium **4%**

Iron **2%**

Caramel Popcorn

1 oz. (28g) = About 2/3 cups
about 60

100

20

% Daily Value*

2g **3%**

0g **0%**

0g

0mg **0%**

135mg **6%**

22g **7%**

1g **4%**

12g

0g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Ingredients: **Butter Popcorn:** Popcorn, Corn Oil, Salt, Butter Oil, Beta Carotene (Color). **Cheese Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Partially Hydrogenated Soybean Oil, Whey [Milk], Maltodextrin, Salt, Disodium Phosphate, Nonfat Dry Milk, Monosodium Glutamate, Lactic Acid, Artificial Color [FD&C Yellow 6, Yellow 5], Citric Acid), Salt, Beta Carotene (Color). **Caramel Popcorn:** Corn Syrup Solids, Brown Sugar, Sugar, Popcorn, Corn Oil, Butter (Cream, Salt), Molasses, Salt, Soy Lecithin (Emulsifier), Beta Carotene (Color).

CONTAINS SOY AND MILK.

May Contain Peanut, Tree Nut, Wheat and Egg Ingredients

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Lake Forest, IL 60045
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5 LB 13 OZ (2604g) Ⓢ

REV. B

6 1/2 Gallon 4-way Popcorn

E1044N

Nutrition Facts

	Butter Popcorn		Cheese Popcorn		White Cheddar Popcorn		Caramel Popcorn	
Serving Size	1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2/3 cups	
Servings Per Container	about 11 1/2		about 12 1/2		about 10		about 49	
Amount Per Serving								
Calories	160		170		160		100	
Calories From Fat	110		110		100		20	
	% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*	
Total Fat	12g	18%	13g	20%	12g	18%	2g	3%
Saturated Fat	1.5g	8%	2.5g	13%	2g	10%	0g	0%
<i>Trans Fat</i>	0g		0g		0g		0g	
Cholesterol	0mg	0%	5mg	2%	0mg	0%	0mg	0%
Sodium	160mg	7%	210mg	9%	230mg	10%	135mg	6%
Total Carbohydrate	12g	4%	11g	4%	12g	4%	22g	7%
Dietary Fiber	2g	8%	2g	8%	2g	8%	1g	4%
Sugars	0g		0g		1g		12g	
Protein	2g		3g		3g		0g	
	Vitamin A	0%	Vitamin A	2%	Vitamin A	0%	Vitamin A	0%
	Vitamin C	0%	Vitamin C	0%	Vitamin C	0%	Vitamin C	0%
	Calcium	0%	Calcium	4%	Calcium	4%	Calcium	0%
	Iron	2%	Iron	2%	Iron	2%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2400mg	2400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Ingredients: **Butter Popcorn:** Popcorn, Corn Oil, Salt, Butter Oil, Beta Carotene (Color). **Cheese Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Partially Hydrogenated Soybean Oil, Whey [Milk], Maltodextrin, Salt, Disodium Phosphate, Nonfat Dry Milk, Monosodium Glutamate, Lactic Acid, Artificial Color [FD&C Yellow 6, Yellow 5], Citric Acid), Salt, Beta Carotene (Color). **White Cheddar Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Salt, Cheese Cultures, Enzymes], Whey, Buttermilk, Maltodextrin, Salt, Disodium Phosphate), Salt. **Caramel Popcorn:** Corn Syrup Solids, Brown Sugar, Sugar, Popcorn, Corn Oil, Butter (Cream, Salt), Molasses, Salt, Soy Lecithin (Emulsifier), Beta Carotene (Color).

CONTAINS SOY AND MILK.

May Contain Peanut, Tree Nut, Wheat and Egg Ingredients

**THE
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Lake Forest, IL 60045
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5 LB 4 oz (2352g) ⓈD

REV. B

2 Gallon 3-way Popcorn

E1027N

Nutrition Facts

Serving Size
Servings Per Container

Amount Per Serving

Calories

Calories From Fat

Total Fat

Saturated Fat

Trans Fat

Cholesterol

Sodium

Total Carbohydrate

Dietary Fiber

Sugars

Protein

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Butter Popcorn

1 oz. (28g) = About 2 cups
about 6-1/2

160

110

% Daily Value*

12g **18%**

1.5g **8%**

0g

0mg **0%**

160mg **7%**

12g **4%**

2g **8%**

0g

2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **2%**

Cheese Popcorn

1 oz. (28g) = About 2 cups
about 7

170

110

% Daily Value*

13g **20%**

2.5g **13%**

0g

5mg **2%**

210mg **9%**

11g **4%**

2g **8%**

0g

3g

Vitamin A **2%**

Vitamin C **0%**

Calcium **4%**

Iron **2%**

Caramel Popcorn

1 oz. (28g) = About 2/3 cups
about 20

100

20

% Daily Value*

2g **3%**

0g **0%**

0g

0mg **0%**

135mg **6%**

22g **7%**

1g **4%**

12g

0g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Ingredients: **Butter Popcorn:** Popcorn, Corn Oil, Salt, Butter Oil, Beta Carotene (Color). **Cheese Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Partially Hydrogenated Soybean Oil, Whey [Milk], Maltodextrin, Salt, Disodium Phosphate, Nonfat Dry Milk, Monosodium Glutamate, Lactic Acid, Artificial Color [FD&C Yellow 6, Yellow 5], Citric Acid), Salt, Beta Carotene (Color). **Caramel Popcorn:** Corn Syrup Solids, Brown Sugar, Sugar, Popcorn, Corn Oil, Butter (Cream, Salt), Molasses, Salt, Soy Lecithin (Emulsifier), Beta Carotene (Color).

CONTAINS SOY AND MILK.

May Contain Peanut, Tree Nut, Wheat and Egg Ingredients.

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2 LB 2 oz (952g) ⓈD

REV. B

2 Gallon 4-way Popcorn

E1244N

Nutrition Facts

	Butter Popcorn		Cheese Popcorn		White Cheddar Popcorn		Caramel Popcorn	
Serving Size	1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2/3 cups	
Servings Per Container	about 4		about 5		about 4		about 17 1/2	
Amount Per Serving								
Calories	160		170		160		100	
Calories From Fat	110		110		100		20	
	% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*	
Total Fat	12g	18%	13g	20%	12g	18%	2g	3%
Saturated Fat	1.5g	8%	2.5g	13%	2g	10%	0g	0%
<i>Trans</i> Fat	0g		0g		0g		0g	
Cholesterol	0mg	0%	5mg	2%	0mg	0%	0mg	0%
Sodium	160mg	7%	210mg	9%	230mg	10%	135mg	6%
Total Carbohydrate	12g	4%	11g	4%	12g	4%	22g	7%
Dietary Fiber	2g	8%	2g	8%	2g	8%	1g	4%
Sugars	0g		0g		1g		12g	
Protein	2g		3g		3g		0g	
	Vitamin A	0%	Vitamin A	2%	Vitamin A	0%	Vitamin A	0%
	Vitamin C	0%	Vitamin C	0%	Vitamin C	0%	Vitamin C	0%
	Calcium	0%	Calcium	4%	Calcium	4%	Calcium	0%
	Iron	2%	Iron	2%	Iron	2%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: **Butter Popcorn:** Popcorn, Corn Oil, Salt, Butter Oil, Beta Carotene (Color). **Cheese Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Partially Hydrogenated Soybean Oil, Whey [Milk], Maltodextrin, Salt, Disodium Phosphate, Nonfat Dry Milk, Monosodium Glutamate, Lactic Acid, Artificial Color [FD&C Yellow 6, Yellow 5], Citric Acid), Salt, Beta Carotene (Color). **White Cheddar Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Salt, Cheese Cultures, Enzymes], Whey, Buttermilk, Maltodextrin, Salt, Disodium Phosphate), Salt. **Caramel Popcorn:** Corn Syrup Solids, Brown Sugar, Sugar, Popcorn, Corn Oil, Butter (Cream, Salt), Molasses, Salt, Soy Lecithin (Emulsifier), Beta Carotene (Color).

CONTAINS SOY AND MILK.

May Contain Peanut, Tree Nut, Wheat and Egg Ingredients.

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1 LB 15 oz (868g) Ⓢ

REV. B

3 1/2 Gallon 3-way Popcorn

E1037N

Nutrition Facts

Serving Size
Servings Per Container

Amount Per Serving

Calories

Calories From Fat

Total Fat

Saturated Fat

Trans Fat

Cholesterol

Sodium

Total Carbohydrate

Dietary Fiber

Sugars

Protein

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Butter Popcorn

1 oz. (28g) = About 2 cups
about 9

160

110

% Daily Value*

12g **18%**

1.5g **8%**

0g

0mg **0%**

160mg **7%**

12g **4%**

2g **8%**

0g

2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **2%**

Cheese Popcorn

1 oz. (28g) = About 2 cups
about 8-1/2

170

110

% Daily Value*

13g **20%**

2.5g **13%**

0g

5mg **2%**

210mg **9%**

11g **4%**

2g **8%**

0g

3g

Vitamin A **2%**

Vitamin C **0%**

Calcium **4%**

Iron **2%**

Caramel Popcorn

1 oz. (28g) = About 2/3 cups
about 30

100

20

% Daily Value*

2g **3%**

0g **0%**

0g

0mg **0%**

135mg **6%**

22g **7%**

1g **4%**

12g

0g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Ingredients: **Butter Popcorn:** Popcorn, Corn Oil, Salt, Butter Oil, Beta Carotene (Color). **Cheese Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Partially Hydrogenated Soybean Oil, Whey [Milk], Maltodextrin, Salt, Disodium Phosphate, Nonfat Dry Milk, Monosodium Glutamate, Lactic Acid, Artificial Color [FD&C Yellow 6, Yellow 5], Citric Acid), Salt, Beta Carotene (Color). **Caramel Popcorn:** Corn Syrup Solids, Brown Sugar, Sugar, Popcorn, Corn Oil, Butter (Cream, Salt), Molasses, Salt, Soy Lecithin (Emulsifier), Beta Carotene (Color).

CONTAINS SOY AND MILK.

May Contain Peanut, Tree Nut, Wheat and Egg Ingredients.

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3 LB (1344g) Ⓢ

REV. B

3 1/2 Gallon 4-way Popcorn

E1344N

Nutrition Facts

	Butter Popcorn		Cheese Popcorn		White Cheddar Popcorn		Caramel Popcorn	
Serving Size	1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2 cups		1 oz. (28g) = About 2/3 cups	
Servings Per Container	about 6		about 6		about 10		about 17	
Amount Per Serving								
Calories	160		170		160		100	
Calories From Fat	110		110		100		20	
	% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*	
Total Fat	12g	18%	13g	20%	12g	18%	2g	3%
Saturated Fat	1.5g	8%	2.5g	13%	2g	10%	0g	0%
<i>Trans Fat</i>	0g		0g		0g		0g	
Cholesterol	0mg	0%	5mg	2%	0mg	0%	0mg	0%
Sodium	160mg	7%	210mg	9%	230mg	10%	135mg	6%
Total Carbohydrate	12g	4%	11g	4%	12g	4%	22g	7%
Dietary Fiber	2g	8%	2g	8%	2g	8%	1g	4%
Sugars	0g		0g		1g		12g	
Protein	2g		3g		3g		0g	
	Vitamin A	0%	Vitamin A	2%	Vitamin A	0%	Vitamin A	0%
	Vitamin C	0%	Vitamin C	0%	Vitamin C	0%	Vitamin C	0%
	Calcium	0%	Calcium	4%	Calcium	4%	Calcium	0%
	Iron	2%	Iron	2%	Iron	2%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: **Butter Popcorn:** Popcorn, Corn Oil, Salt, Butter Oil, Beta Carotene (Color). **Cheese Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Partially Hydrogenated Soybean Oil, Whey [Milk], Maltodextrin, Salt, Disodium Phosphate, Nonfat Dry Milk, Monosodium Glutamate, Lactic Acid, Artificial Color [FD&C Yellow 6, Yellow 5], Citric Acid), Salt, Beta Carotene (Color). **White Cheddar Popcorn:** Popcorn, Corn Oil, Cheddar Cheese Seasoning (Cheddar Cheese [Milk, Salt, Cheese Cultures, Enzymes], Whey, Buttermilk, Maltodextrin, Salt, Disodium Phosphate), Salt. **Caramel Popcorn:** Corn Syrup Solids, Brown Sugar, Sugar, Popcorn, Corn Oil, Butter (Cream, Salt), Molasses, Salt, Soy Lecithin (Emulsifier), Beta Carotene (Color).

CONTAINS SOY AND MILK.

May Contain Peanut, Tree Nut, Wheat and Egg Ingredients.

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REV. B

2 LB 8 oz (1120g) U D